



TRENTINO

SAFE
HOLIDAYS

Summer 2020

Useful information



Welcome to Trentino!



I n wishing you a truly pleasant and revitalising stay in Trentino I would like to ask for a moment of your time to carefully read the information contained in this leaflet. You will find invaluable tips and guidelines on how to fully and safely enjoy your stay. Trentino is a territory rich in artistic, cultural and culinary heritage, vast open spaces and stunning natural settings. We want you to make the most of it and

what it has to offer. Indeed, our territory can boast 1,000 trees per single inhabitant and 63% of the land is covered in woodland. Our natural parks and protected areas are simply bursting with biodiversity, the spires of the Dolomites represent stunning examples of natural architecture, and our 297 lakes, both the larger ones with their mild Mediterranean climate and our picturesque Alpine lakelets, reflect and enhance this boundless natural wealth ... Welcome to Trentino.

Maurizio Fugatti

President of the Autonomous Province of Trento

A responsible holiday

Here are the most important rules to bear in mind during your stay. Please stick to them and remember that responsible behaviour on behalf of everyone remains paramount.



Avoid gatherings and crowds.



Always maintain a physical distance of at least 1 metre from others.

In Trentino, social distancing measures do not apply to family members, those living together or to those who frequently spend time in each other's company, for up to a maximum of 10 people.



Always wear a face mask when indoors and in any situation where the minimum distance of 1 metre cannot be respected.



Book visits and other activities in advance

especially when it comes to museums and castles, guided tours and restaurants in order to help reduce queues and crowding.

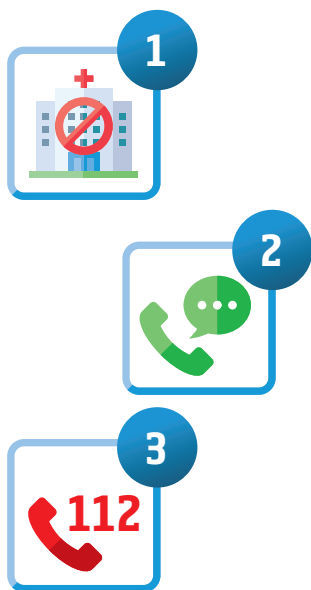


Please don't leave your waste behind.

Let's also take care of the environment: used face masks, gloves and tissues must be disposed of properly. Remember, when in the mountains or outdoors for any reason, your waste must be brought back with you.

Useful numbers

If during your stay in Trentino you experience symptoms or suspect that you have been infected with Covid-19, immediately contact the local tourist medical guard service, which will coordinate with the Provincial Health Services Authority to safely perform all medical evaluations warranted. Please do not go to the Emergency Room, and call **112** only in case of emergency.



Rules to remember

For a carefree holiday in Trentino, here are the indications to follow while partaking in any of the more common activities.

Mountain huts

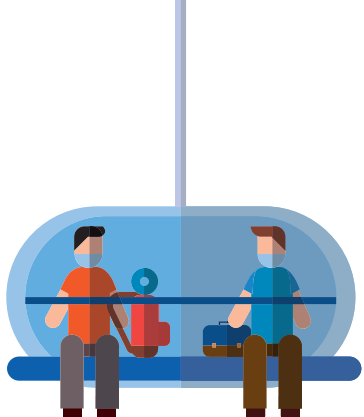
We advise you **contact the mountain hut** where you wish to eat or spend the night before setting out. Remember that for overnight stays you'll need your own sleeping bag, liner and slippers, besides the required PPE (face mask etc.) you'll need when it's not possible to maintain a physical distance from other guests.



Cableways

Chair lifts: being open-air transport, all you need is a face mask.

Cable cars and gondolas: here face masks are mandatory and, furthermore, the capacity of cars has been reduced by 1/3 in order to allow for the required distancing measures.



Trails and excursions

Even in the mountains, it's better to avoid swapping or sharing your personal equipment (trekking poles, backpacks, canteens etc.) with others. Always carry a face mask with you for when you stop at a mountain hut or decide to go indoors. Remember not to leave any waste behind, **especially used face masks**. You must bring all waste home with you and dispose of it in the proper manner.







Private beaches and waterfronts

In order to respect quotas and caps on access and bathing in such areas, advance booking may be required.



Public beaches and waterfronts

When planting your beach umbrella or spreading your bathing towel, remember that an **area of 10 square metres** must be respected around each position.

info: [visittrentino.info/vacanze-sicure](https://www.visittrentino.info/vacanze-sicure)

Fine food, delivered directly to your home

Without doubt, one of the highlights of any holiday is the chance to try the local cuisine and delicacies.

This summer in Trentino, you're free to focus on your favourite activities, organise walks and visits or simply relax, as you wait for the tasty, local dishes to be delivered directly to your door.

For more information, visit **visittrentino.info/delivery** and click on the area that you're interested in to get a full list of all the restaurants, pizzerias, bars, ice-cream parlours, delis, butcher shops, farms and farmhouse restaurants, greengrocers and wine bars, to name but a few, that provide delivery services and can bring your desired dish directly to your door.



The very best of our land, on your table

Pine forests and olive groves, larch and lemon trees, endless apple orchards and rolling vineyards. This is Trentino, a mottled and lively territory that stretches from the heights of the Dolomites almost down to sea level. Such a varied and thriving landscape, which can take you from the Mediterranean microclimate of Lake Garda to the typically Alpine environments of the higher mountains in the space of just a few kilometres, naturally offers an incredible range of products, ingredients and raw materials. Grape varieties that are transformed into fine wines or spirits, apples and forest fruits renowned for their intense flavour, not to mention the olives from which Lake Garda's celebrated

extra virgin olive oil is squeezed. The mountains have also managed to jealously safeguard their ancient pasturing practices and traditions, allowing us to still enjoy the cheeses from the mountain dairies with their aroma of wild flowers, herbs and fresh mountain air, skilfully combined by the hands of local farmers and cowherds. The culture of a mountain people, used to living off the land and what nature has to offer, is also reflected in the processing and preservation of meats, where the recipe for the typical Trentino "luganega" and other sausages and cured meats, varies from household to household. From the high mountain glaciers gush forth torrents of pure crystal-clear water which, thanks to the rocky beds over which they flow, create the perfect ecosystem



for trout and char.
The unique balance between agriculture and the local territory here in Trentino is reflected in the range and quality of the food and wine produced with passion and tradition. You can appreciate it around a table in a mountain hut, in a traditional trattoria, in a

farmhouse or in restaurants always on the lookout for innovative gastronomic combinations. Furthermore, this summer, in supermarkets displaying the mark **I Love Trentino**, you'll find a range of local products to choose from... let your "heart" decide.

info: visittrentino.info/gusto

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TRENTINO

San Martino di Castrozza, Passo Rolle, Primiero e Vanoi

Go to **www.sanmartino.com**:
in the section "Your vacation
in safety" you will find
all the news and useful
information for this unique summer!

The ApT offices are available to
provide the assistance you need
before, during and after your vacation,
and have put in place a few simple
precautions to welcome you in
complete safety:

- **Access to offices:** a maximum number of people are allowed to enter the office premises at the same time and, where possible, only one person per family is invited to enter. All users are asked to wear their personal face mask and comply with the signage instructions concerning the safety distance between waiting customers.
- **Information material:** we are not allowed to display brochures, leaflets and maps in indoor and outdoor



display boards. However, our guests can browse or download directly online on their Smartphone or Tablet local trekking and bike maps, as well maps of villages and catalogues of accommodation facilities, apartments and restaurants.

If you prefer, you can request by mail or phone to receive the paper materials directly to your home!

Adopting a responsible behavior today will allow everyone to return to normalcy in the shortest possible time. We are certain that we can count on your help to promote conditions for a truly regenerating vacation: at **Pale di San Martino** nature unleashes wellness and beauty!



visittrentino.info

